



## Spa August 2004

### Boston

We were already feeling the beautifying effects of the Bella Bella Pedicure at Bella Sante just by inhaling the lavender scent wafting up from our bubbling foot soak.

Ella Lennox, reputedly the spa's most requested nail tech, dutifully attended to our nails and cuticles, then prepared our skin for the intense moisture to come with a skin-sloughing apricot seed and algae scrub. Breaking open two ampoules of concentrated serum, Lennox promised hydration "from the inside out" as she smoothed the mixture over our skin. Layer after layer, our lower legs were treated to a silky moisturizing mask, a massage with a vitamin-rich body cream, a paraffin dip for the feet, and the cooling caress of menthol gel. Heaven. Finally, with toes perfectly polished in sil-

ver, our feet were young again—and pretty enough to stir envy in the woman sitting beside us. When we got up to leave, she whispered, "Next time, I'm getting that." (Bella Bella Pedicure, \$90, 80 minutes)

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