



Boston Concierge Spring 2003

Feet First

Bella Santé

38 Newbury St., 617-424-9930

THE MOMENT YOU STEP INTO BELLA SANTÉ you begin to relax. There's a calmness here that other spas, with the buzz of hair dryers and the bustle of people moving from manicure to pedicure stations, don't have. Everything in Bella Santé, from the music and the decor to the staff, exudes tranquility. So if you are looking to relax, but don't have the time to invest in a full pampering session (most treatments here are 50 minutes or longer), the minipedicure is the ideal solution. You begin by sitting in a massage chair and soaking your feet in a therapeutic whirlpool bath. After a cuticle trim and a foot-and-leg massage, your polish is applied and you are free to relax in the Bella Santé lounge area and sip cucumber-flavored water on one of the many couches while you wait for your toes to dry. (Time: 30 minutes; cost: \$35)