



Get Pretty

Sun Damage Fixes
by Heather Bouzan
September 07, 2009

Well, we hope you've enjoyed every second of it: lazy Saturdays basking on the beach, long lunches on your favorite outdoor patio, Sunday morning jogs by the Charles. And we won't knock that "healthy glow" of yours, but this New England summer sun has, no doubt, done a number on your skin. As temps begin to drop and we all shuffle back inside, now is the time to do damage control. Read on for our recommendations (and some great deals!). And next time, WEAR MORE SUNSCREEN!

For the Spa Virgin

Not the type to pony up for more than the obligatory haircut and the only-when-your-best-friend-makes-you mani-pedi? We'll make it easy on you: head to Bella Santé (38 Newbury Street, Boston, 617.424.9930) for the Benefit Peel (\$165). The treatment uses vitamin C and L-Retinol A to exfoliate and help restore skin's natural glow; it's perfect for newbies and suitable for all skin types. Now through November, your second peel in a series is 50 percent off. And next time you're in your favorite stylist's chair — if you're already there, you might as well splurge — Melissa Gullotti of I Soci Salon (8 Newbury Street, 3rd Floor, Boston, 617.867.9484) suggests the salon's Kerastase Double Reconstruction (\$55), formulated for clients with weakened or damaged hair; it also provides protection against future sun exposure.

